

RONALD OVERBERG, Ph.D., C.C.N., R.D., L.D.

13517 Far Hills Lane
Dallas, Texas 75240-5531
(972) 239-1148
Email: dr ron@nutriwellness.com

EDUCATION:

Licensed Dietitian	October 2005	Texas State Board	
		http://www.dshs.state.tx.us/dietitian/	
Registered Dietitian	July 2005	CDR	http://cdrnet.org/
Dietitian Training	May 2005	Texas Woman's University	Denton, TX
Board Certified	Dec 1991	CNCB	www.cncb.org
Clinical Nutritionist			
Fellow American	Nov 1992	ACACN	
Council of Applied Clinical Nutrition			
Ph.D. in Biology	August 1985	University of Texas	Dallas, TX
M.S. in Biology	May 1982	University of Texas	Dallas, TX
B.S. in Biology	1979	University of Texas	Dallas, TX
Associate in Arts	1979	Richland College	Dallas, TX

PROFILE:

Specialty is education, using simple drawings and telling stories to help people understand concepts.
Clients remember these examples years later.
Thrives on helping others achieve their goals.

PROFESSIONAL:

1982 - Present: Partner in Nutriwellness, a private clinical nutrition practice in Dallas, TX
1991 - Present: Member of the International and American Associations of Clinical Nutritionists (IAACN)
1993 - Present: Member of the Price Pottenger Nutrition Foundation.
2000 - Present: Clinical Nutritionist on staff at the Environmental Health Center - Dallas
2000 - 2002: National Treasurer of IAACN.
2000 - 2001: Assistant Adjunct Professor of Biochemistry at Parker Chiropractic College
Dallas
2004 - Present: Member of American Dietetic Association
2005 - Present Member of Phi Kappa Phi
2005 - Present: Member of Nutritionists in Integrative and Functional Medicine
2005 - Present: Member of Nutrition Entrepreneurs

CLIENT RELATIONS AND COMMUNICATIONS:

Counseled and educated individuals on dietary and life style modification and safe use of dietary supplements.
Instructed clients and medical professionals on the use of supplements and dietary regimes and how to implement them in their practices.
Served on multiple professional and civic boards in a wide variety of capacities.

RESEARCH AND DEVELOPMENT:

Development of instructional handouts and models.
Modifies and updates existing procedural and patient manuals.

PUBLICATIONS:

Overberg R., "An Induced DNA Repair Pathway in Mammalian Cells". University of Texas at Dallas, 1985, Dissertation.

Overberg R., Chandrasena G, Rupert CS. "Radiation Induced Recovery Processes in Cultured Marsupial Cells". Mutation Research, 1988:194 83-92.

Overberg R., "EHC-D Food Rotation & Supplement Guide" used for patient education 2000, through 2010, Environmental Health Center – Dallas.

Overberg, R., "Rotational Bon Appetit Cookbook", editor 2002, 2004, and 2007 revision, Environmental Health Center – Dallas

Overberg, R., "Molds, Mycotoxins and Nutrition". Toxicol Ind Health; 2009 Oct- Nov;25(9-10):715-22 PMID: 19854822

2011 Overberg, R. "Nutrition, Diet and Exercise" Chapter 11 in "Disorders of Fat and Cellulite" ed. Goldberg and Berlin by Informa Healthcare New York NY ISBN-13 9780415477000

HONORS/SCHOLARSHIPS/AWARDS:

Teaching or Research Assistant positions, reduced fees, and benefits from Spring 1979 to Summer 1985 (M.S. and Ph.D. work)

Member Honor Society Phi Kappa Phi (2005)

VOLUNTEER SERVICE ACTIVITIES:

Salvation Army Angel Tree 1986-1988

Public speaker for United Way of Dallas 1987 – 88.

Public nutrition seminars at Dallas Public Libraries 1990's

Since 1990, my wife and I have supported Network of Community Ministries, Catholic Relief Service, North Texas Food Bank, Wales SRO, House of Love, American Red Cross, and others

PROFESSIONAL GOAL:

"To create a win/win situation for the people I work with, and for myself."

PERSONAL MISSION:

"To empower people to take control over their health, and wellbeing."

LIFE GOAL:

To do what I enjoy. I enjoy helping others by creating value for all parties involved.

This includes individuals, families, groups, organizations and businesses.

PRESENTATIONS, PRODUCTIONS AND CONTINUING EDUCATION:

Dr. Ron has given seminars to the lay public and professionals,

Lectured on nutrition and biochemistry to massage therapy, chiropractic students and medical doctors.

Participated in radio talk shows, TV spots, infomercials, and educational videos

Presented research at professional conferences and lay meetings.

Exhibited at professional conferences and at public shows.

Conducted sales seminars for the professional as well the lay public.

Generated clients and referrals through cold calling, mailings and public seminars.

In short: Dr. Overberg is always ready to learn or to share what he learned over the years.

Full listings of the above are available at www.NutriWellness.com. For up-to-date information click the "Presentations, Productions and Publications" tab and the "Continuing Education" tab.