

Presentations, Productions and Publications

by Ron Overberg, Ph.D., C.C.N., R.D., L.D.

DATE	ORGANIZATION	TITLE / SUBJECT
3/28/12	VA Hospital	“Two Common Problems of Our Modern World”
11/30/11	www.livingbrighter.com	Nutrition and You
10/11	“Disorders of Fat and Cellulite” ed. Goldberg and Berlin	“Nutrition, Diet and Exercise” Chapter 11
6/30/11	Living Waters Ministries Health and Wellness Ministry	Quarterly Health and Wellness Seminar: “Making better choices”
6/28/11	Dallas Business Association (www.dallasbusiness.org)	“How to Protect Your Main Business Asset: You!”
6/17/10	Texas Association for Dysautonomia Awareness group (POTS)	“Simple Changes that People can Make to Improve their Diet and Energy.”
6/16/10	Executive Women of Dallas (EWD)	“Two subjects: Anti-Aging (Mind, Body & Appearance) and Hormones”
6/5/10 2010	American Environmental Health Foundation (W. R. Rea, MD) www.aehf.org 28th Annual International Symposium “The Chemical Mechanisms Leading to EMF Sensitivity.”	“Nutrition for Electromagnetic Field (EMF) Sensitivity”
6/5/10	AEHF public Seminar 25 th year “The Chemical Mechanisms Leading to EMF Sensitivity.”	“Nutrition for Electromagnetic Field (EMF) Sensitivity”
3/20/10	A Healing Place. "Living From Your Heart" Spring Conference	“Heart Nutrition”
3/4/10	Brookhaven College 10-11 a.m. and 11:00 – noon Dallas County Community College District	“Healthy Eating and Living” A fun class where you walk away with a number of healthy eating principles that you will remember for the longest time.
2/9/10	Kappa Alpha Theta “Night Kites” Dallas Alumnae Group	Three topics you won't hear from a regular Doctor: "New Frontiers in Bone Health", "From Prilosec to Prozac" and "Why No Fat is No Good"
2/6/10	Healthfest 2010 The Healthy by Nature Show www.radiomartie.com	“Taste Testing for Zinc and Evaluating the Tongue for B Vitamins
1/18/10	Parents AA Work Employee Resource Group at American Airlines	How to keep your body and mind fit and healthy!
1/2/2010	The Healthy by Nature Show www.radiomartie.com KWRD 100.7 FM Sat 8–9 AM CST	“Testing for Zinc and B Vitamins deficiencies at the Feb 6 th Healthfest”
10/15/09	Texas Association for Dysautonomia Awareness group (POTS)	“Simple changes that people can make to improve their diet and energy.”

10/09	Texas Land and Cattle Steak House & Lone Star Steak House	Gluten information to list on their new Lone Star menu
6/27/09	AEHF public seminar 24 th year “Your Heart and Environmental Factors”	ANutrition Tips for Cardiovascular Disease@
6/26/09	AEHF 27 th Annual AInternational Symposium on Man and His Environment in Health and Disease@ “Nutritional and Environmental Aspects of Cardiovascular Disease”	ANutrition Tips for Cardiovascular Disease@
6/6/09	Shelton / Krause Meeting Branson, MO	Scientific Panel with Jim McAfee, CCN
6/5/09	Shelton / Krause Meeting Branson, MO	Scientific Panel with Jim McAfee, CCN
6/4/09	Shelton / Krause Meeting Branson, MO	“Get Your Money’s Worth” (out of your supplements)
	“Toxicology and Industrial Health” an International Journal published by Sage publications. Special Issue on Mold and Mycotoxin: Towards Healthy Homes. www.sagepublications.com (a peer review journal)	“Molds, Mycotoxins and Nutrition” Volume 25: 715-22 (Number 9-10, Oct-Nov 2009) ISBN: 0748-2337
3/09	IQ Foods, Inc. Los Angeles, Ca.	Development of product specifications for several therapeutic beverages
1/20/09	American Airlines Parents AA at work	New year ... New resolutions? “Dietary and Lifestyle Modifications”
1/10/09	“Feel-Rite Nutrition Today” radio show www.feel-rite.com	“Allergies and Myths about Detoxification and Digestion”
8/20/08	Lone Star Celiac GIG mtg.	“Gluten and Vitamin D”
6/21/08	AEHF public seminar 23 rd year “The Environmental Health Connection	AVitamin A for Internal and External Health and Beauty@
6/21/08	AEHF 26 th Annual AInternational Symposium on Man and His Environment in Health and Disease@ “Molds & Mycotoxins Hidden Connections for Chronic Diseases”	AMold, Mycotoxins and Nutrition@
5/31/08	La Fundación Alborada, II Congreso Internacional de Medicina Ambiental. Spain	“Drainage and Digestion”
5/30/08	La Fundación Alborada, II Congreso Internacional de Medicina Ambiental. Spain	“The Rotation Diet”
3/26/08	Collin County Human Resources	“Figuring Out Good Health Habits and Making Them Stick”

2/27/08	Collin County Human Resources	Flames, Fireplace, and Fuel. How to live a healthy lifestyle; develop a plan for change, and stick with it.
8/22/07	AIDS/ARC seminar 3/3	Follow up on “How to help yourself with good nutrition”
8/10/07	Shelton / Krause Meeting	Why GNLD protein and Beta-Gest.
8/8/07	AIDS/ARC seminar 2/3	AHow to help yourself with good nutrition”
7/25/07	AIDS/ARC seminar 1/3 AHow to help yourself and your clients with good nutrition”	APatient Evaluation, Weight Control, Menopause, and Food Safety@
6/9/07	AEHF public seminar AYour Health and Environmental Factors@	ANew Tests that Help with People with Chemical Sensitivity@
6/8/07	AEHF 25 th Annual AInternational Symposium on Man and His Environment in Health and Disease@ “The Autonomic Nervous System”	AOrganic Acid Analysis and Chemical Sensitivity@
10/2/06	Patton Boggs LLP	“Ask your Burning Nutrition Question”
9/23/06	The Oasis	“Osteoporosis and Vitamin D”
6/10/06	AEHF public seminar AYour Health and Environmental Factors@	AGetting the Most Nutrition for Your Food Dollar@
6/10/06	AEHF 24 th Annual AInternational Symposium on Man and His Environment in Health and Disease@	AA Case of Mistaken Food Sensitivity@
3/18/06	The Oasis	“The Many Facets of Weight Loss”
1/19/06	BridgeBuilders Lecture Series @ St. Andrew Methodist Church	ANutrition and Preventing Diabetes@
9/10/05	The Oasis	ASTump the Doc@ Nutrition questions
6/4/05	Shelton / Krause Meeting	The need for protein, and why use GNLD protein
5/4/05	The Staubach Company	“Better Eating for Better Energy, Better Sleep and a Better Immune System”.
4/21/05	Cooper Wellness Program Dallas, TX	AFats and Oils@
10/25/04	Medical Nutrition Therapy Meeting at Medical City	“Nutrition Issues in the Years after a Transplant”
10/18/04	Congestive Heart Failure Support Group meeting at Medical City Hospital	“Nutritional Therapies for Hypertension”
9/30/04	Medical City Hospital Outpatient Rehab Clinic	“The Types of Fat and Portion Sizes”.

5/24/04	Texas Woman's University May-Mester Class	Trends and Controversies, Buy a Dog & Osteoporosis
5/24/04	Texas Woman's University May-Mester Class	Alzheimer=s Disease
4/22/04	Texas Woman's University Interns	Alzheimer=s Disease
4/17/04	American Academy of Environmental Medicine	Panel Discussion and Case Reports
4/17/04	American Academy of Environmental Medicine	"Amino Acids Their Role in the Chemically Sensitive and Chronic Disease Patient"
4/17/04	American Academy of Environmental Medicine	"Minerals Their Role in the Chemically Sensitive and Chronic Disease Patient"
4/17/04	American Academy of Environmental Medicine	"Vitamins Their Role in the Chemically Sensitive and Chronic Disease Patient"
3/20/04	Oasis Physical Conditioning Center	A Food Habits to Improve Your Health and Social Life@
2/19/04	A Our Children=s Center@ Baylor Outreach in Irving	"What you can learn from Laboratory Testing"
10/22/03	Oasis Physical Conditioning Center	Drug Nutrient Interactions
10/8/03	Woman=s Center in Richardson, TX	Lose Weight- Feel Great + osteoporosis, arthritis, etc.
10/7/03	Hope Cancer Care Support Group @ Baylor Grapevine	Keeping well nutritionally
6/5-8/03	Shelton / Krause Meeting, Branson, MO	Doctor=s Panel Q & A
5/20/03	Texas Woman's University May-Mester Class	Hormones and Hormone Replacement Therapy (2 hrs)
4/26/03	DFW GNLD Organization. With Chuck Shelton.	GNLD Product Training, #1
4/16/03	Richardson Womens Club With Chris O.	Strategies stay healthy
3/22/03	Huntersville, NC with Bill Dyson, Classical Homeopath @ Dr. Clyde Walker.	Vitamin Confusion. It sounds right and looks right, why doesn't it work?
3/21/03	Wellness Source, Concord, NC.	Vitamin Confusion, It sounds right and looks right, why doesn't it work?
3/19/03	Cosmetology Career Center 3hrs. With Chris Overberg.	Five Questions for Good Health, Skin, Hair and Nails.
3/12/03	Oasis Physical Conditioning Center	AI's HRT the answer for healthy: Bones, Heart, Skin, Hair, Mood and Libido?@
3/8/03	Oasis Physical Conditioning Center	AI's HRT the answer for healthy: Bones, Heart, Skin, Hair, Mood and Libido?@
2/17/03	ALife Matters@ Production	Children=s Health Video

2/8/03	Lean Bodies, Inc.	The Benefits of Fats
1/29/03	Tri-Star Products, Inc.	ALipo Reduction@ / Weight Loss Infomercial.
11/19/02	Student Dietetics Association at Texas Woman's University	Nutritional Intervention for Hormone Problems in Males and Females.
11/18/02	Oasis Physical Conditioning Center	What your blood work can tell you about your nutrition habits.
11/16/02	Oasis Physical Conditioning Center	What your blood work can tell you about your nutritional status.
11/2/02	Huntersville, NC with Bill Dyson, Classical Homeopath @ Dr. Clyde Walker.	Improving Health by Looking at the Whole Person.
11/1/02	Yoga group, Concord, NC	The Six Stages of Nutrition
9/28/02	Exercise & weight control group	How to eat to maximize metabolism and health.
9/24/02	Drug addiction support group	How to eat to stabilize blood sugar and reduce drug cravings.
6/23/02	Shelton/Krause Retreat Branson, MO	Doctor=s Panel Q &A
5/22/02	Texas Woman's University Summer I semester class	The Pro's and Con's of: Estrogen and or Progesterone supplementation
5/20/02	Oasis Physical Conditioning Center	Jumpstart your weight loss, look better, feel better and have more energy
3/22/02	Environmental Health Center of Dallas – in-service	Teaching staff about nutrition protocols, services, and referrals
2/14/02	Drug addiction support group	Need for good nutrition
1/10/02	GNLD pre-convention luncheon	Protein & digestion for controlling Parkinson-like symptoms
1/7/02	Hope Cancer Care Support Group @ Baylor Hospital Grapevine	Keeping Well Nutritionally
12/19/01	Pathweighs Bariatric Center Rockwall, TX	Nutritional information - Staple surgery support
10/24/01	Parker Chiropractic College Biochemistry II class	Trace Minerals - 3 hrs
10/22/01	Parker Chiropractic College	Major Minerals - 3 hrs
10/17/01	Parker Chiropractic College	Fat Soluble Vitamins - 3 hrs
10/15/01	Parker Chiropractic College	Fat Soluble Vitamins - 3 hrs
10/17/01	Parker Chiropractic College	Water Soluble Vitamins - 3 hrs
10/15/01	Parker Chiropractic College	Water Soluble Vitamins - 3 hrs
10/13/01	Oasis Physical Conditioning Center	Jumpstart Weight Loss
10/13/01	Healthy by Nature Radio Show	Importance of Blood Testing

10/8/01	Drug addiction support group	Good Nutrition Guidelines
9/22/01	Massage Institute of Dallas Health & Hygiene Class	Importance of good nutrition for students and clients
7/11/01	Massage Institute of Dallas	Importance of good nutrition for students and clients
7/2/01	Parker Chiropractic College Biochemistry II class	Trace Minerals - 3 hrs
6/27/01	Parker Chiropractic College	Major Minerals - 3 hrs
6/25/01	Parker Chiropractic College	Fat Soluble Vitamins - 3 hrs
6/20/01	Parker Chiropractic College	Fat Soluble Vitamins - 3 hrs
6/18/01	Parker Chiropractic College	Water Soluble Vitamins - 3 hrs
6/17/01	Shelton-Krause Retreat, Branson, MO	Professional Q & A panel of Doctors & Nutritionists
6/13/01	Parker Chiropractic College	Water Soluble Vitamins - 3 hrs
6/9/01	AEHF 19 th Annual International Symposium on Man and His Environment in Health and Disease@	ANutritional Findings of Neurotoxicity@
6/5/01	Massage Institute of Dallas	“Importance of Good Nutrition for Students and their Clients”
3/31/01	Oasis Physical Conditioning Center	Glycemic Response Weight Control Program
3/26/01	University of Texas at Arlington Allied Health Society	Nutrition Counseling as a Health Career
3/7/01	Parker Chiropractic College Biochem. Nutrition Class	Trace Minerals - 3 hrs
3/5/01	Parker Chiropractic College	Major Minerals - 3 hrs
2/28/01	Parker Chiropractic College	Fat Soluble Vitamins - 3 hrs
2/26/01	Parker Chiropractic College	Fat Soluble Vitamins - 3 hrs
2/24/01	Massage Institute of Dallas	Nutrition Class for students -75 min
2/24/01	www.RenaissanceRadio.com AM 1100 KFNX	Health Update
2/21/01	Parker Chiropractic College	Water Soluble Vitamins - 3 hrs
2/14/01	Parker Chiropractic College	Water Soluble Vitamins - 3 hrs
2/17/01	Oasis Physical Conditioning Center	How/what to eat to lose weight and stay healthy!
2/11/01	Massage Institute of Dallas	Nutrition for students-75 min
1/22/01	GNLD Convention Recap	Report on convention activities
1/11/01	Shelton-Krause Luncheon	Case Histories
12/2/00	Massage Institute of Dallas	Good nutrition for students
10/25/00	Environmental Health Center in Dallas	Healthy Eating Habits
10/25/00	Parker Chiropractic College	Trace Minerals - 3 hrs

10/23/00	Parker Chiropractic College	Major Minerals - 3 hrs
10/18/00	Parker Chiropractic College	Fat Soluble Vitamins - 3 hrs
10/16/00	Parker Chiropractic College	Fat Soluble Vitamins - 3 hrs
10/11/00	Parker Chiropractic College	Water Soluble Vitamins - 3 hrs
10/9/00	Parker Chiropractic College	Water Soluble Vitamins - 3 hrs
10/4/00	Oasis Physical Conditioning	Nutrition talk
10/3/00	Massage Institute of Dallas	Nutrition for students-75 min
9/16/00	Oasis Physical Conditioning	Healthy Eating for Blood Type
9/13/00	Oasis Physical Conditioning	Healthy Eating for Blood Type
7/6/00	Shepherd Center of Dallas	Good Fats, Bad Fats, Osteoporosis
6/24/00	Shelton Retreat, Branson, Mo	Q&A Doctors= Panel
6/13/00	Lewisville City Rescue Team	Nutrition Basics and Q&A
5/21/00	Massage Institute of Dallas	Nutrition for students-75 min
5/14/00	Massage Institute of Dallas	Nutrition for students-75 min
4/29/00	Massage Institute of Dallas	Nutrition for students-75 min
4/20/00	North Carolina Tour	How to use supplements in addition to a good diet
4/19/00	Concord, NC	Teaching + Consulting
4/18/00	Burlington, NC	Radio program on Human Growth Hormone.
4/17/00	Winston-Salem, NC	Dr. Ward's staff nutrition training
3/25/00	Massage Institute of Dallas	Nutrition for students-75 min
2/16/00	Toni & Guy Academy	Health & Nutrition Class
2/1/00	Massage Institute of Dallas	Nutrition for students - 75 min
1/29/00	Massage Institute of Dallas	Nutrition for students - 75 min
1/13/00	GNLD Shelton Luncheon	Nutrition Update
1/6/00	Shepherd Center of Dallas	Nutrition for Seniors
11/16/99	Texas Club, Downtown Dallas	Nutrition for anti-Aging
11/13/99	Massage Institute of Dallas	Nutrition for students-75 min
10/25/99	University of Texas at Arlington Allied Health Society	Nutrition as a Health Career
10/21/99	Shepherd Center of Dallas	Nutrition for Seniors
10/9/99	OASIS Physical Conditioning Center	Anti-Aging and HgH
10/5/99	Massage Institute of Dallas	Nutrition for students-75 min
9/27/99	Massage Institute of Dallas	Nutrition for students-75 min
5/25/99	Massage Institute of Dallas	Nutrition for students-75 min
4/19/99	Massage Institute of Dallas	Nutrition for students-75 min
4/17/99	Massage Institute of Dallas	Nutrition for students-75 min
4/17/99	Oasis Physical Conditioning	Nutrition question/answers

3/24/99	VITAL Nutrition Store	HgH Releasers and Tre-En-En oil
3/16/99	Williams Elementary PTA -Dallas	ADHD Nutrition w/Chiropractic
3/4/99	Lakemont Academy -Dallas	ADHD Nutrition w/Chiropractic
2/12/99	Oasis Physical Conditioning	Anti-aging and HgH Releasers
2/2/99	VITAL Nutrition Store	Nutrition for Fatigue Prevention
1/26/99	Massage Institute of Dallas	Nutrition for students-75 min
1/16/99	Parker Chiropractic College	Nutrition Table Display -4 hrs
1/12/99	Lincoln City Club, Dallas, TX	Nutrition to Better Your Health
1/7/99	GNLD Shelton Luncheon	Nutrition Update talk
11/16/98	GNLD meeting	Six Stages of Nutrition
11/14/98	Personal Fitness Trainer=s Clients	Basic Health Program -90min
11/12/98	Siler City, NC Tour	Church presentation
11/11/98	Winston-Salem, NC Tour	Dr. Ward's office staff nutrition training
11/10/98	Walnut Cove, NC Tour	Nutrition training
11/9/98	Reidsville, NC Tour	Videotaping nutrition section for "Bone Builders Program" a set of tapes
11/7/98	Oasis Physical Conditioning Center	Nutrition talk -2 hrs
11/7/98	Massage Institute of Dallas	Nutrition Training for students-75 min
11/5/98	Oasis Physical Conditioning Center	Nutrition talk -2 hrs
10/31/98	GNLD Product Training	Uses of nutritional products
10/17/98	Peachtree City, GA meeting	Diet and the use of nutrition supplements
10/10/98	Lovers Lane United Methodist Church, Dallas	2 hr nutrition/chiropractic talk
10/6/98	White Rock Trail PTA	Nutrition and ADHD
4/9/98	Russell Distributorship in Seattle, WA	N.W. Tour "Better Nutrition for Better Health" with Jim McAfee
3/9/98	Brink Distributorship in Portland, OR	N.W. Tour "Better Nutrition for Better Health" with Jim McAfee
2/9/98	McAfee Distributorship in Roseburg, OR	N.W. Tour "Better Nutrition for Better Health" with Jim McAfee
8/31/98	Pearson Distributorship in Eugene, OR	N.W. Tour "Better Nutrition for Better Health" with Jim McAfee
7/31/98	Lakemont Academy PTA, Dallas	"ADHD, Nutrition and Chiropractic" with Brad Peenington, DC
7/28/98	OASIS Physical Conditioning	Nutrition Q&A
7/18/98	Massage Institute of Dallas	Nutrition Clas for students
6/30/98	OASIS Physical Conditioning	Nutrition Q&A
6/26/98	OASIS Physical Conditioning	Nutrition Q&A
5/16/98	Massage Institute of Dallas	Nutrition for students
5/1/98	Burlington, NC tour	90 min nutrition talk

4/30/98	Siler City, NC tour	Nutrition talk at Church
4/29/98	Concord, NC tour	Nutrition program
4/28/98	Walnut Cove, NC tour	Nutrition talks
4/27/98	Winston-Salem, NC tour	Nutrition program -2 hrs
2/17/98	Massage Institute of Dallas	Nutrition for students
2/7/98	Massage Institute of Dallas	Nutrition for students
1/31/98	Personal Fitness Trainer=s Clients	Nutrition basics -90 min
1/31/98	OASIS Physical Conditioning	Nutrition Q&A, Reading Labels
1/15/98	Shelton Team Meeting	Nutrition Update
8/8/1997	AT&T Office, Dallas, TX	Meet the Challenge - Maximize Your Health
6/11/97	Health Club, Richardson, TX	Optimizing Your Health & Fitness Goals
6/1/97	Blackmon Distributors, Irving, TX	Optimize Your Health and Increase Your Energy Level
5/24/97	Dayspring Medical Center in Mocksville, NC. A Carolinas Applied Nutrition Seminar Meeting@	"Modulated Mitogenic Proliferative Responsiveness of Lymphocytes in Whole-blood Cultures after a Low-Carotene Diet and Mixed-Carotenoid Supplementation in Women"
5/22/97	Wentworth, NC	Optimize your Health and Increase your Energy Level.
5/17/97	Walter Ward, M.D., Patient Education seminar. Winston-Salem, NC	Nutritional Answers to Disease Prevention & Reversal and the Promotion of Good Health.
10/1/94	Walter Ward, M.D., Patient Education seminar. Greensboro, NC	"Natural Strategies for Better Health"
1994	Parker Chiropractic College Nutrition Club. Dallas, TX	A series of eight talks on: "Evaluating and Improving the Nutritional Status of your Patients".
April 16-17, 1994	IAACN California State Chapter "State of the Art" Symposium	"Carotenoids: Antioxidants of the Past, Present and Future"
April 8-9, 1994	"Environmental Allergy Update" Conference. Des Moines, Iowa	"Dietary Management for Patients with Food Allergies: Candidiasis, Another Opinion"
2/26/94	Flat Creek Club Health Seminar. Peachtree City, GA	"How to Get Healthy and Stay Healthy for the Rest of Your Life"
12/11/93	Sexton Chiropractic Clinic patient seminar. Reidsville, NC	"Basic Nutrition for your Family"
11/11/93	Walter Ward, M.D., Patient Education seminar. Winston-Salem, NC	"How to Get Healthy and Stay Healthy for the Rest of Your Life"
1991	Southern Methodist University (SMU) Football Program	Eating for Strength and Weight Gain
1990	Southern Methodist University (SMU) Football Program	Eating for Strength and Weight Gain